Supported Living Demand and Need in Leicestershire

Update August 2023

Introduction

This update follows on from previous information published in April 2023. A further quarterly update is due in Autumn 2023.

This document includes:

- details on the supply and demand for Supported Accommodation in Leicestershire, including pipeline developments, due to be available within the next 2 years. We have provided details of these updates, alongside existing provision, to aid providers/developers' understanding of the current market across Leicestershire;
- highlights around CQC's strategic direction for new supported living services for working age adults with a learning disability and/or autism. This includes guidance around design, location, and size of new supply of supported accommodation.

1. Brief Overview of Need

People with learning disabilities remain the highest category of service users living within Supported Accommodation.

However, general areas of growth for Leicestershire include:

- those with mental health conditions, with a focus on recovery, resilience, and support with substance misuse and step through accommodation to support hospital discharges.
- young adults with disabilities (transitions), aged 16-20, in particular step through provision.
- individuals who require fully accessible wheelchair accommodation, including for those with bariatric needs.
- older adults with a learning disability, who have additional needs (dementia, substance misuse, mobility issues).
- individuals who previously came under the umbrella of the Transforming Care Programme (TCP) now referred to as complex need/Learning Disability and Autism;
- smaller developments (8 units or less).

As previously, due to the number of current pipeline developments planned across the County in the next two years, no further developments will be considered that will be completed before 2025, unless stated in section 3 of this document, as being required as an urgent or specific need.

In general, Charnwood (Loughborough), North-West Leicestershire (Coalville) and Hinckley and Bosworth remain the areas which see the highest demand, but more recently Harborough District and Melton Borough have also seen an increase in demand. The Melton area has a particular lack of supply for those requiring fully wheelchair accessible supported accommodation.

2. Supply

2.1 Existing Supported Living Supply in Leicestershire

Current Units per Locality

The following data includes a mix of accommodation provision, including in-house Leicestershire County Council services, but does not include sole tenancy properties, supply achieved via Direct Payments, or new schemes that have been established independently of Adult Social Care.

The number of units (i.e. beds) are shown, not the number of developments. The number of available units of supported accommodation has increased by 31 since April 2023.

	Total
Blaby	44
Charnwood	209
Harborough	112
Hinckley and Bosworth	153
Melton	46
NW Leicestershire	24
Oadby and Wigston	58
Out of County	15
City	25
Total	686

2.2 New Supply - Planned Supported Accommodation Developments 2023 - 2025

There are 12 new schemes in the pipeline to be completed by 2025. The pipeline demonstrates a sufficient supply for North -West Leicestershire, if all schemes are delivered. As a result, we do not require further supported accommodation developments within this area before 2025.

New Supply, shown below - does not include Extra Care Schemes

Locality Pipeline in 2023	Confirmed	Confirmed (subject to planning)	Potential units (subject to LCC Strategy or discussions with Providers/Developers	TOTAL
Blaby, Oadby and Wigston			12	12
Charnwood	5			5
Harborough				
Hinckley & Bosworth	7			7
Melton			7	7
North West Leics				
TOTAL UNITS FOR 2023				31

Pipeline Units per Cohort in 2023

General	14
Young Adults with Disabilities (transitions)	5
Mental Health	12
Complex/Challenging Needs	0

Locality Pipeline in 2024	Confirmed	Confirmed (subject to planning)	Potential units (subject to LCC Strategy or discussions with Providers/Developers	TOTAL
Blaby, Oadby and Wigston	14	12		26
Charnwood	16			16
Harborough				
Hinckley & Bosworth				
Melton				
North West Leics	15	10	19	44
TOTAL UNITS FOR 2024				86

Pipeline Units per Cohort in 2024

General	57
Young Adults with Disabilities (transitions)	10
Mental Health	14
Complex/Challenging Needs	5

Locality Pipeline in 2023	Confirmed	Confirmed (subject to planning)	Potential units (subject to LCC Strategy or discussions with Providers/Developers	TOTAL
NW Leicestershire		9		9

Pipeline Units per Cohort in 2025

Learning Disability 9

3. Demand

In the financial year 22/23, 131 individuals moved into a new supported accommodation, or moved from one supported living tenancy to another. Past referral figures (April 2021-March 2023) show that, on average, we receive 16 to 20 referrals per month into the Pathway to

Supported Living (PSL) team. Most of these referrals have been matched to existing supply or are being considered via the Dynamic Purchasing System (DPS) commissioning process.

3.1 Current Demand

Leicestershire County Council manages requests for Supported Living. These individuals may not require accommodation immediately, they may require a move in the medium to long term (6-18 months plus). At any time, there are a number of these 'active referrals', which is currently (as at July 2023), 132 individuals. It is anticipated that some of these individuals will find accommodation from within the above pipeline developments, via the DPS or be matched to a vacancy that already is or becomes available.

The table below shows the different needs within this group.

Client group

Learning Disability / Autistic Spectrum Disorder	Mental Health	Physical Disability (includes ABI*)	Other, e.g., social isolation
70	58	4	0

*ABI = Acquired Brain Injury

Current accommodation

As at July 2023, 30 individuals out of the 132 referrals have been assessed and confirmed as being awarded a tenancy and support within a new SCIP supported scheme, an existing Leicestershire County Council funded development or via the DPS; these moves are imminent. The current accommodation status of the remaining 102 referrals is shown below.

Residenti Care	al Hospital Setting	Children's Residential Home/ Residential College	Looked After Children	Family Home	Own home/tenancy	Shared Lives	Supported Living	Other temp. eg hotel, friends etc
24	11	5	0	36	3	1	21	1

3.2 Anticipated Future Demand

Considering the pipeline developments coming on stream across the County by 2025, our position on future demand has been revised as follows:

- Due to the number of current pipeline developments planned across the County over the next two years, no further developments will be considered that will complete by 2025, unless stated in section 3 of this document as required as an urgent or specific need;
- Smaller developments in general, ideally 8-10 max (this is currently under review);
- The inclusion of fully wheelchair accessible spaces within any new development;
- Locations with good public transport links, off road parking and where possible external space for tenants;

• Locations with accessible links to wider community resources and amenities.

There is constant challenge particularly within shared accommodation, and any potential new shared supply should factor in whether this is a sustainable offer given the changing profile of demand:

- Younger adults with emotional and behavioural support needs, as well as mental health issues;
- Reduced mobility and requirements for fully wheelchair accessible, bariatric needs and/or ground floor/level access facilities;
- Internal/external communal space(s) and how they are being utilised;
- Adequate sound insulation and adequate storage.

3.2.1 Specific Future Demand

It is anticipated that some individuals will not find accommodation within the current planned pipeline developments (section 2), and we therefore require the following in addition:

Mental Health	We are seeking one development for this group. One step down development to a maximum of 8 units (self-contained). Future support service provided to ensure specialist skill in supporting individuals with recovery, resilience, substance misuse.
Complex need /Learning Disability and Autism (formerly referred to as	We are seeking one development for this group. The development must be a maximum of 6 units (self-contained), well located and easily accessible for support staff via public transport. Any area of the County will be considered. We are seeking a Step-Down development (depending on the outcomes of current pipeline schemes).
Transforming Care Programme) Learning Disability	We are seeking 1 Settled development for this group. Maximum of 6 units. Preferred location: Market Harborough and there currently remains a lack of wheelchair accessible accommodation in Melton .

4. CQC - Supported accommodation and support for people with autism and/or learning disability

CQC has updated its expectations around the registering of new supported living services for the above group. They expect all Providers, existing and future, to understand their regulatory approach, national policy, current best practice, and principles of good, supported accommodation, as set out in Right Support, Right Care, Right Culture. <u>https://www.cqc.org.uk/sites/default/files/2022-</u>

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In particular around the size, setting and design of the service to meet people's expectations must align with current best practice, the following (among other) principles are highlighted:

- People who use services, and their families and representatives, are involved in the design of the service. Providers should explain how they have taken account of their preferences.
- The service is in the local community or has good access to the local community and its amenities. It is not in secluded grounds or geographically isolated.
- The size, scale (number of beds) and design of the premises:
 - \circ do not compromise the quality of care, people's safety, or their human rights
 - $\circ \quad$ allow people's dignity and privacy to be maintained
 - o facilitate person-centred care
 - $\circ \quad \mbox{are in line with current best practice guidance}$
 - $\circ \ \ \,$ are not developed as a new campus or congregate setting
- Within the premises, the environment:
 - $\circ \quad$ will not feel impersonal and intimidating
 - o will not feel institutional
 - \circ $\$ maintains people's dignity and privacy
 - \circ $\;$ meets people's sensory needs and preferences.